

Hereward 4 stage Relay 2016

Sunday 27 November 2016. 9:00 am

Leg Result for Stage One

Sunday 27 November 2016 9:00 am - 6.50 Miles.

Place	Name	Team	Time	Stage Place	Category	Race No	Notes
1	VICKERY, Tom	Cambridge Tri Speedy Pants	0:37:51	1	SM	1066	
2	O'NEILL, James	Ryston Runners - Speedy Hares	0:37:54	2	SM	1106	
3	MATTHEWS, Adam	Ryston Runners Bounding Hares	0:39:39	3	SM	1107	
4	ROBINSON, Alistair	Norfolk Gazelles - Stripes	0:40:25	4	SM	1021	
5	PRITCHARD, Alan	Cambridge and Coleridge F	0:40:44	5	M40	1006	
6	POPPLER, Mark	Stamford Striders Mens A	0:40:53	6	SM	1029	
7	HARTILL, Lee	Team Inspire - Men	0:40:56	7	SM	1036	
8	KINGSNORTH, Tom	St Edmund Pacers Harriers	0:41:27	8	SM	1047	
9	TATUM, Lee	Ely Runners A	0:41:39	9	SM	1017	
10	SHARPE, Andrew	Cambridge Tri Young Guns	0:42:00	10	SM	1069	
11	SPARROW, Jamie	KLTC Kilo	0:42:30	11	M40	1010	
12	DANIELS, Michael	Bushy Whiz	0:42:33	12	M40	1049	
13	CROFTS, Craig	Thorney Fast Boys	0:42:34	13	SM	1039	
14	HARRIS, Cameron	Stamford Striders Mens B	0:42:58	14	SM	1035	
15	MEADOWS, Ben	Cambridge and Coleridge B	0:43:19	15	M40	1002	
16	KEANEY, Paul	Ryston Runners - Hungry Hares	0:43:22	16	JM	1108	
17	GOSSAGE, Lucy	Cambridge Tri Blonde Bomshells - Ladies	0:43:26	17	F35	1068	
18	BRETT, Andrew	Ramsey Rockets	0:43:32	18	SM	1076	
19	PITTS, Chris	Stortford Stags	0:43:58	19	SM	1061	
20	BRANSTON, Mike	Yaxley Men A	0:44:14	20	M40	1086	
21	MATTHEWS, Mike	Stamford Striders The Long and the Short of it	0:44:40	21	SM	1031	
22	SALTER, Michael	Are you taking the Michael?	0:44:43	22	M45	1060	
23	RILEY, Teal	Munkey A	0:44:52	23	M45	1074	
24	WRIGHT, Joe	Yaxley Boyz II Men	0:45:13	24	M17	1091	
25	DRAPER, Shane	Fenland Saucony	0:45:13	25	M45	1099	
26	HUNT, Gareth	Ryston Runners - Hunting Hares	0:45:23	26	SM	1109	
27	IGGLESDEN, Tristan	Cambridge Tri Gentlemen	0:45:28	27	SM	1071	
28	TUIT, Russ	BRJ - Paul's Pacers	0:45:37	28	SM	1009	
29	SCOTT, Mike	Hunts AC Men	0:46:23	29	M50	1117	
30	FRETWELL, Jason	Ely Runners B	0:46:38	30	SM	1018	
31	HOSKING, Doug	Cambridge Tri Old Dogs New Tricks	0:47:02	31	M45	1070	
32	PRITCHARD, Rachel	Cambridge and Coleridge C	0:47:02	32	F40	1003	
33	STARMER, Chris	Stowmarket A	0:47:17	33	M55	1094	
34	SILVESTER, Cameron	WiTri C LTD	0:47:19	34	M40	1073	
35	BEATTY, Peter	Stortford Striders	0:47:45	35	M60	1080	
36	HOWLETT, Kevin	Ryston Runners - Silver Hares	0:48:33	36	M55	1110	
37	GRAVES, Barry	Ely Runners C	0:48:35	37	M55	1019	
38	MARGARSON, Katie	St Edmund Pacers Eagles - Ladies	0:48:37	38	SF	1044	
39	SAMPSON GEROSKI, Rosa	Cambridge and Coleridge D	0:48:47	39	SF	1004	
40	BARNES, Phil	Bushy Blue Too	0:48:51	40	SM	1051	
41	JOHNSON, Rob	Hereward We Go Again	0:48:53	41	SM	1064	
42	WILLETT, Tayo	Three Counties Lincolnshire Louts	0:49:02	42	SM	1053	
43	WAIT, Debra	March Ladies	0:49:22	43	F50	1055	
44	CONWAY, Laura	Vegan Runners	0:49:27	44	SF	1016	
45	PRICE, Ryan	Ramsey Striders	0:50:41	45	M17	1077	
46	GARDNER, Sarah Jane	BRJ - Sarah's Striders - Ladies	0:51:20	46	F40	1008	

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47	ROGGER, Sara	Cambridge Tri Speed Cats - Ladies	0:51:49	47	F40	1067
48	LANE, Gavin	West Norfolk Hammer	0:51:51	48	M45	1014
49	HAGGART, Robert	Ely Runners D	0:51:54	49	M55	1020
50	LAKEY, Zac	Three Counties Cambridge Cuddlies	0:51:59	50	M17	1054
51	THOMAS, Miles	KLTC Tango	0:52:02	51	M45	1012
52	JORDAN, Geraldine	KLTC Lima	0:52:10	52	F50	1011
53	GOODERHAM, Reece	St Edmund Pacers Falcons	0:52:32	53	M17	1043
54	IRLAM, Maire	Fenland Mizuno	0:52:40	54	F50	1096
55	PINION, Rachael	Team Inspire - Ladies	0:52:47	55	F45	1037
56	ALLEN, Conrad	Stamford Striders Re-Ely Muddy	0:53:06	56	M45	1024
57	WILLIAMS, Stephen	St Edmund Pacers Hawks	0:53:55	57	M60	1048
58	PAGRAM, Juile	Stortford Stars	0:54:18	58	F45	1081
59	CAMPBELL, Jani	KLTC Charlie	0:54:27	59	F35	1013
60	LITTLEMORE, Martin	Hurry Up Harry	0:54:48	60	M50	1058
61	LONG, Jon	Beldom's Bombers	0:54:53	61	M40	1104
62	STOCKER, Pauline	Hunts AC Mixed 1	0:55:06	62	F55	1115
63	LARWOOD, Jonathon	Natural England 10 Years On	0:55:12	63	M45	1092
64	NORMAN, Julia	Ryston Runners - Elegant Hares - Ladies	0:55:13	64	F40	1111
65	MOORE, Jason	West Norfolk Sprint	0:55:45	65	M45	1015
66	MONTEVERDE, Hannah	Norfolk Gazelles - Red	0:56:29	66	SF	1023
67	HAWORTH, Carolyn	St Edmund Pacers Buzzards	0:56:33	67	F60	1045
68	STEELE, Amy	Hunts AC Ladies	0:56:36	68	SF	1114
69	LUTHER, Alice	Cambridge Tri Fun	0:56:43	69	SF	1072
70	BROCKINGTON, Simon	The Hopeful 186	0:56:52	70	M45	1075
71	MILLWARD, Katie	Cambridge Tri Young Chicks - Ladies	0:56:59	71	SF	1065
72	BEER, Kate	Stowmarket B	0:57:18	72	F45	1095
73	MACKINNON, John	Stamford Striders Worst Paced Scenario	0:57:45	73	M55	1033
74	TOMS, Sharron	Good Girlz Gone Bad - Yaxley Ladies	0:57:51	74	F45	1090
75	FEW, Claire	BRJ - Claire's Cruisers	0:57:58	75	F50	1007
76	WILSON, Alan	Zippy Zimmers	0:58:01	76	M70	1062
77	NETTO, Lisa	Norfolk Gazelles - Spots	0:58:03	77	F40	1022
78	MACKINNON, Vanessa	Stamford Striders JAVA	0:58:04	78	F55	1028
79	VEAL, Dawn	More March Ladies	0:58:11	79	F45	1056
80	BAGGALEY, Sarah	Thorney Mixtures C	0:58:34	80	SF	1042
81	WHITE, Sian	Ramsey Atlanta - Ladies	0:58:46	81	F45	1078
82	JOHNSTONE, Mark	Stamford Striders Odds & Sods	0:59:03	82	SM	1034
83	SUTHERLAND, Fiona	Bishop's Belles	0:59:19	83	F55	1063
84	LANCASTER, Jordan	Mad March Men	0:59:39	84	SM	1059
85	STRATFORD, Paul	Three Counties Norfolk Numpties	0:59:39	85	M55	1118
86	RILEY, Kay	Thorney Mixtures B	0:59:43	86	F35	1041
87	COOK, Chris	St Edmund Pacers Condors	1:00:04	87	M65	1103
88	MARSHALL, Dawn	St Edmunds Pacers Kestrels	1:00:05	88	F50	1046
89	FREEMAN, Karen	Classy, Sassy and Bad Assy - Yaxley Ladies	1:00:07	89	F45	1085
90	FOLLEN, Larissa	Fenland Asics	1:00:10	90	F40	1101
91	MILWARD, Melissa	Fenland Brooks	1:00:10	91	F35	1097
92	WILLIAMS, Sarah	Cambridge and Coleridge A	1:00:46	92	SF	1001
93	McCONVILLE, Hilary	Hunts AC Mixed 2	1:01:50	93	F60	1116
94	DAVIES, Ian	Thorney Mixtures D	1:02:02	94	M60	1038
95	SILVER, Celina	Stamford Striders By the Light	1:02:27	95	F45	1027
96	GILES, Michaela	Eyes Forward	1:02:48	96	F45	1083
97	HURCOMB, Chris	Cambridge and Coleridge E	1:02:53	97	M45	1005
98	ALDERSON, Abi	Stamford Striders Ed's Angels	1:03:00	98	F35	1025
99	DEVINE, Anna	Prosecco Princesses - Yaxley Ladies	1:03:14	99	F35	1088

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100	BARRATT, Darren	Stamford Striders The Fen-Tastic Four	1:03:28	100	M40	1026
101	NORRIS, Pat	March Calf Crunchers	1:03:29	101	F65	1057
102	PETERS, Debbie	Thorney Mixtures A	1:03:31	102	F45	1040
103	WALKER, Emily	Diamond Divas - Yaxley Ladies	1:03:41	103	F35	1087
104	HENRIQUES, Samantha	Fenland Nike	1:04:05	104	F35	1098
105	PARR, Gary	Eyes Forth	1:04:44	105	M45	1084
106	BENTON, Matt	Eyes Left	1:05:40	106	SM	1082
107	HOWARD, Rachel	Bushy Blue	1:05:53	107	SF	1050
108	FOUNTAIN, Robert	Stamford Striders	1:06:33	108	SM	1032
109	SLATER-GARNER, Carol	Fenland Zoots	1:06:51	109	F40	1100
110	RYAN, Hannah	Fenland New Balance	1:08:26	110	F40	1102
111	FERNANDEZ, John	The Snails	1:12:42	111	M45	1052
112	STRINGER, Jayne	Angles with Attitude - Yaxley Ladies	1:13:44	112	SF	1089
113	BRUNTON, Stephen	Stamford Striders Premature Acceleration	1:15:33	113	SM	1030