

Hereward 4 stage Relay 2016

Sunday 27 November 2016. 9:00 am

Leg Result for Stage Four

Sunday 27 November 2016 9:00 am - 10.40 Miles.

Place	Name	Team	Time	Stage		Category	Race	
				Place			No	Notes
1	ECCLES, Mike	Norfolk Gazelles - Stripes	0:57:31	2	+2	SM	4021	
2	BRACEGIRDLE, Tom	Munkey A	1:00:25	4	+4	SM	4074	
3	CORLEYS, Brian	Bushy Whiz	1:01:34	3		M40	4049	
4	WALTON, Shaun	Ramsey Rockets	1:03:11	12	+3	SM	4076	
5	SIMMONDS, Robert	Ryston Runners - Speedy Hares	1:04:40	1		SM	4106	
6	MORRIS, Jim	Stamford Striders Mens A	1:06:30	6		M50	4029	
7	SCHOFIELD, Paul	Hereward We Go Again	1:07:25	30	+12	M40	4064	
8	HOWARD, Adam	Ryston Runners - Hungry Hares	1:07:52	16	+4	SM	4108	
9	METCALFE, Alex	Ely Runners A	1:07:57	7	-2	SM	4017	
10	MORLEY, Mike	Yaxley Men A	1:08:22	5	-3	M40	4086	
11	WHITE, Neil	Cambridge and Coleridge F	1:08:46	9		M45	4006	
12	JENNINGS, Martin	Fenland Nike	1:08:55	75	+25	M45	4098	
13	SMITH, Nick	St Edmund Pacers Harriers	1:09:17	11		SM	4047	
14	ABLE, Simon	Ryston Runners Bounding Hares	1:09:19	8	-1	M45	4107	
15	BURDETT, Samuel	Stowmarket A	1:09:22	25	+8	SM	4094	
16	MOFFETT, Edward	Cambridge Tri Speedy Pants	1:09:33	10		SM	4066	
17	SLATER, Oily	Team Inspire - Men	1:09:47	13		SM	4036	
18	ROBSON, Odette	St Edmund Pacers Eagles - Ladies	1:10:09	29	+7	F45	4044	
19	VENNER, Nick	Cambridge Tri Young Guns	1:10:21	14		SM	4069	
20	CULLEN, Luke	The Hopeful 186	1:10:49	57	+24	SM	4075	
21	LOWRIE, Gabe	Stortford Stags	1:11:04	17	+1	SM	4061	
22	JONES, Ben	Cambridge and Coleridge E	1:11:31	39	+19	SM	4005	
23	WARD, Peter	Thorney Fast Boys	1:12:08	18	-1	M50	4039	
24	STEPHENS, Nick	Stowmarket B	1:12:37	56	+17	M50	4095	
25	THORBY, Dan	Cambridge Tri Fun	1:13:07	37	+4	SM	4072	
26	HODGKINSON, Stuart	Stamford Striders Mens B	1:13:12	19	-3	M45	4035	
27	MARSHALL, Ian	Hunts AC Men	1:13:39	15	-3	SM	4117	
28	HONEYBONE, Will	Ryston Runners - Hunting Hares	1:14:06	34	+3	M45	4109	
29	HOLMES, Matt	Ely Runners B	1:14:31	20	+5	SM	4018	
30	HOLMES, Stuart	Cambridge Tri Old Dogs New Tricks	1:14:41	26	+3	M50	4070	
31	VICKERY, Juliet	Cambridge Tri Speed Cats - Ladies	1:14:56	28	+2	F50	4067	
32	TAYLOR, Jonathan	Stamford Striders Odds & Sods	1:15:07	38	+1	SM	4034	
33	LARHAM, Geraldine	March Ladies	1:15:17	24	+3	F45	4055	
34	WHITTON, Lee	Vegan Runners	1:15:24	100	+13	SM	4016	
35	SINNOTT, Rod	Fenland Brooks	1:15:38	66	+21	M45	4097	
36	KELLY, Sophie	Cambridge and Coleridge A	1:16:47	35	-1	SF	4001	
37	DARNELL, Derek	Hunts AC Mixed 1	1:17:00	33	-1	M55	4115	
38	BEDINGFIELD, Karl	Ely Runners C	1:17:28	31		M50	4019	
39	WATSON, Neil	West Norfolk Hammer	1:17:56	44	+11	M40	4014	
40	DENNIS, Andy	Stamford Striders Premature Acceleration	1:18:20	65	+17	SM	4030	
41	GODHANIA, Chirag	BRJ - Paul's Pacers	1:18:52	22	+2	M40	4009	
42	BLAKE, Louise	Team Inspire - Ladies	1:19:00	42	+3	F40	4037	
43	KITCHIE, Dan	Cambridge and Coleridge C	1:19:28	40		SM	4003	
44	BRADSHAW, Lauren	Cambridge Tri Blonde Bomshells - Ladies	1:19:56	21	+1	SF	4068	
45	KEFFORD, Matthew	Stamford Striders Worst Paced Scenario	1:20:36	49	+7	M45	4033	

* RaceMaster98 from Sport Systems +44 (0)870 3505123 www.sportsystems.co.uk - Webresults on Results produced by Cambridgeshire Athletics Association. Printed by Cambridgeshire Athletics

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46	ATKINS, Steve	St Edmund Pacers Condors	1:21:09	47	+6	M50	4103
47	STRATTON, Clyde	Mad March Men	1:21:10	59	+7	M45	4059
48	DURANT, Ellie	Cambridge Tri Young Chicks - Ladies	1:21:29	76	+9	SF	4065
49	HANKINSON, Michael	St Edmund Pacers Hawks	1:21:29	52	+8	M55	4048
50	WIEGAND, Paul	Fenland Asics	1:21:39	64	+10	M55	4101
51	EBBS, Adrian	KLTC Charlie	1:21:56	48	+6	M50	4013
52	SADD, Steve	Norfolk Gazelles - Spots	1:22:11	46	+1	M55	4022
53	NICHOLL, Trevor	Cambridge and Coleridge B	1:22:30	36	-8	M40	4002
54	DOUGLAS, Anna	BRJ - Sarah's Striders - Ladies	1:22:35	61	+7	SF	4008
55	SCHOFIELD, Nigel	St Edmund Pacers Falcons	1:22:50	53	+6	M50	4043
56	FRIEND, Arron	Thorney Mixtures D	1:22:53	90	+14	SM	4038
57	ARSCOTT, Jo	Bishop's Belles	1:22:54	80	+6	F35	4063
58	FISHER, Adrian	Stamford Striders JAVA	1:23:12	67	+5	M40	4028
59	SHORT, Andy	Eyes Forth	1:23:15	69	+6	M50	4084
60	PITTOCK, Andre	Fenland Zoots	1:23:23	74	+6	M50	4100
61	MULLER, Kersten	Three Counties Lincolnshire Louts	1:23:45	41	-6	F40	4053
62	HARDING, Brian	Beldom's Bombers	1:23:53	63	+6	M55	4104
63	HATTEN, Stephen	St Edmund Pacers Buzzards	1:24:11	73	+5	M50	4045
64	LOUTIT, Roslyn	Good Girlz Gone Bad - Yaxley Ladies	1:24:20	50	-1	F50	4090
65	RUCH, Anna	Cambridge and Coleridge D	1:25:10	45	-7	SF	4004
66	COMPTON, Stuart	Cambridge Tri Gentlemen	1:26:01	23	-4	M45	4071
67	CRAWFORD, Kelly	Hunts AC Ladies	1:26:02	77	+2	SF	4114
68	SEAMAN, Anna	KLTC Kilo	1:26:41	27	-6	F35	4010
69	CURTIS, Liz	Stamford Striders Ed's Angels	1:27:13	55	-3	SF	4025
70	McCARTHY, Paul	Yaxley Boyz II Men	1:27:26	54	-4	M40	4091
71	ELLEN, Anne	Norfolk Gazelles - Red	1:28:25	68	-4	F60	4023
72	GOODERHAM, Ian	St Edmunds Pacers Kestrals	1:28:27	51	-7	M45	4046
73	RENDER, Simon	Are you taking the Michael?	1:28:37	32	-9	M50	4060
74	McRANN, Jamie	West Norfolk Sprint	1:29:06	85	+8	M40	4015
75	KIRBY, Lee	Stortford Striders	1:29:57	70	-7	M40	4080
76	KEARSEY, Brian	Stamford Striders	1:29:59	88	+6	M65	4032
77	COLLINS-SHIRLEY, Samantha	Ely Runners D	1:30:34	71	-9	F40	4020
78	LUCK, Keith	The Snails	1:30:42	103	+6	M55	4052
79	DRAKE, Vicki	Three Counties Cambridge Cuddlies	1:31:00	79	-9	F35	4054
80	THOMAS, George	Zippy Zimmers	1:31:13	82	-5	M65	4062
81	COWLING, Andrew	Thorney Mixtures B	1:32:56	96	+1	M55	4041
82	BURNSOLL, Dan	WiTri C LTD	1:32:58	43	-17	M45	4073
83	JACKSON, Nadine	Thorney Mixtures A	1:33:01	78	-11	SF	4040
84	SUMMERS, Jonathan	Three Counties Norfolk Numpties	1:33:31	81	-10	SM	4118
85	PINNER, Luke	Fenland Mizuno	1:33:45	58	-15	SM	4096
86	KING, Ian	Fenland Saucony	1:34:09	89	+7	M45	4099
87	MARVEL, Simon	Stamford Striders The Fen-Tastic Four	1:34:14	60	-9	M50	4026
88	ORR, Thomas	Hurry Up Harry	1:35:16	86	-3	M40	4058
89	SMITH, Karen	Ryston Runners - Elegant Hares - Ladies	1:35:47	99	+3	F45	4111
90	HEGARTY, Tamlin	KLTC Tango	1:36:46	97	+2	F40	4012
91	STAPLETON, Christopher	Bushy Blue Too	1:36:54	102	+3	M65	4051
92	BALLANTYNE, Louise	Prosecco Princesses - Yaxley Ladies	1:36:55	109	+2	SF	4088
93	WATTS, Sarah	BRJ - Claire's Cruisers	1:37:14	95		F45	4007
94	HEWSON, Claire	Ramsey Atlanta - Ladies	1:37:27	72	-15	F40	4078
95	SEWARD, Michelle	More March Ladies	1:37:41	108	+2	F45	4056
96	COX, Hilary	Stamford Striders Re-Ely Muddy	1:38:26	91	+1	F45	4024
97	GORDON, Chris	Natural England 10 Years On	1:39:04	62	-16	M55	4092
98	LAMBERT, Tina	March Calf Crunchers	1:39:26	106	+1	F40	4057
99	SMITH, Nicholas	Stamford Striders By the Light	1:39:28	92	-2	M50	4027
100	BROOKS, Ellen	Stortford Stars	1:40:13	94	-5	F35	4081

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101	COLES, Richard	Thorney Mixtures C	1:40:34	87	-11	SM	4042
102	WRIGHT, Nina	Angles with Attitude - Yaxley Ladies	1:40:38	110	+2	F45	4089
103	STONE, Rachel	Bushy Blue	1:40:42	93	-5	F40	4050
104	COLLINS, Mark	KLTC Lima	1:42:33	101	+2	SM	4011
105	GALLEGOS, Patricia	Classy, Sassy and Bad Assy - Yaxley Ladies	1:43:20	107	+1	SF	4085
106	KIRK, Martin	Ramsey Striders	1:45:10	83	-22	M45	4077
107	BATES, Gill	Eyes Left	1:48:54	98	-14	F55	4082
108	TROPEANO, Mandy	Eyes Forward	1:53:04	105	-4	F50	4083
109	RIPPON, Sarah	Fenland New Balance	1:54:09	84	-36	F45	4102
110	ENNIS, Mick	Ryston Runners - Silver Hares	2:00:03	104	-13	M70	4110